Cultural Humility and Family Engagement
Objectives

- Learn and share our ideas of culture.
- Explore a comprehensive analysis of culture at four levels.
- Discuss the possibility of a “group” culture associated with families of persons with disabilities.
- Reflect on what we bring to our interaction with all families
• Every individual is rooted in culture.
What is Culture? Your turn..

- Engage in a dialogue with participants at your table and come up with a common definition of culture.
- You can draw an image or use words to express your definition of culture.
- Be ready to share with the larger group.
Cultural Participation
How Do We Understand Culture…

Cultural Awareness

Cultural Competence

Cultural Humility
CULTURE VIEWED FROM FOUR LEVELS

- Universal
- Group
- Family
- Individual
Figure 1. Individual’s cultural identity (Sysoyev, 2001a, p. 37).

- Socio-economical
- Language
- Racial/ethnic
- Geopolitical/territorial
- Religious
- Gender
- Other
Cultural Identity Exercise: What makes you, YOU?

- Draw an image that represents your personal identity.
- Illustrate what is most important in the way you identify yourself.
Now let’s think about a group culture…

• Are there characteristics associated with families of persons with disabilities?
• What might those beliefs, attitudes and behaviors look like?
• Could we think of these characteristics as a culture?
The Culture Iceberg

10%

90%

More Visible

Less Visible
Activity

• Consider a time when you have experienced being limited to a “more visible” aspect of culture (surface cultural aspects)
• Consider a time when you have become aware that you have a limited perspective about another person (deeper cultural aspects)
• Share with your neighbor
Recognize what you bring to the interaction

“We do not really see through our eyes or hear through our ears, but through our beliefs. To put beliefs on hold is to cease to exist as ourselves for a moment...”

- Delpit (1996)
YOU ARE INVITED...
Cultural Brokering

The act of bridging, linking or mediating between groups or persons of different cultural backgrounds for the purpose of reducing conflict or producing change (Jezewski, 1990).
Bridges for persons with disabilities

• What are some examples?
  • Reducing Conflict
  • Producing Change
YOU ARE INVITED...
BULLYING

- teasing
- rumors
- threats
- leaving somebody out
- hitting
- kicking
- name-calling
- stealing
- pushing
- damaging property
- mean words
Group Session Activity
WRAP UP
For more information, please contact us:
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